

## Mosquitoes - protect your home a checklist

### Summary

- To protect yourself from mosquito bites at home it is best to prevent mosquitoes getting into your house.
- Maintain fly screens on windows, doors, vents and chimneys.
- Use insect sprays and repellents containing either picaridin or DEET, both inside and outside the house to kill mosquitoes.
- Remove stagnant water around the house so mosquitoes can not breed.
- Change pet drinking bowls, bird baths and vase waters at least once a week.
- Check and maintain rainwater tanks and water storage vessels

Mosquitoes are not just annoying – some mosquitoes can carry serious diseases. Remember, it's best to try to prevent mosquitoes getting into your home in the first place!

Follow this simple checklist to stop mosquitoes breeding on your property and from getting inside your home.

### Maintain fly screens to keep mosquitoes out of your home

<input type="checkbox"/>	Maintain fly screens on windows, doors, vents and chimneys. <i>Screens should be no coarser than 12 x 12 meshes per 25mm, or 1.2mm. Use an even coarser mesh if you wish to keep out other smaller biting insects, like sandflies.</i>
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### Use insect sprays and repellents around the home

Insect sprays and repellents can be used both inside and outside the house to kill mosquitoes. It is important to use these products according to directions on the bottle.

<input type="checkbox"/>	Use 'knockdown' fly spray against visible mosquitoes in your home.
<input type="checkbox"/>	Use plug-in mosquito "zappers" or vaporisers in enclosed verandahs. These should be switched off as soon as the area is no longer in use. Consider using insect repellent at the same time.
<input type="checkbox"/>	Use mosquito-coils in outdoor areas. These should be supervised at all times. Consider using insect repellent at the same time.
<input type="checkbox"/>	Target areas like spraying the shaded shrubbery near your home. Avoid spraying these products near fish ponds. Remember to read instructions about safe use of any insect sprays.
<input type="checkbox"/>	If mosquitoes are particularly bad, consider using a long-acting surface spray in areas where mosquitoes like to rest.

### Limited mosquitoes from breeding in your yard and garden

You are first in line to be bitten by mosquitoes that breed in your own yard and garden! Mosquitoes can breed even in the tiniest amounts of water. Remove stagnant water so mosquitoes can't breed

<input type="checkbox"/>	Clean up your yard and remove anything where water can collect, such as unused pots and tyres.
<input type="checkbox"/>	Cover or overturn trailers, wheelbarrows, boats, tools and children's playground toys to avoid water collection.
<input type="checkbox"/>	Regularly clean gutters and drains so water runs freely.
<input type="checkbox"/>	Mend leaking taps.
<input type="checkbox"/>	Change pet drinking bowls, bird baths and vase waters at least once a week, and more regularly in very warm weather.
<input type="checkbox"/>	Put sand around the base of pot plants.
<input type="checkbox"/>	Keep swimming pools well maintained or empty or securely covered if not in use.
<input type="checkbox"/>	Keep fish ponds tidy with minimal vegetation around the edges.
<input type="checkbox"/>	Keep lawns and gardens trimmed back to reduce the areas where mosquitoes rest.

#### **Check and maintain rainwater tanks and water storage vessels**

<input type="checkbox"/>	Water tanks must be completely sealed. Check lids, covers and inlet pipes for any gaps.
<input type="checkbox"/>	Fit removable screen mesh to the outlet end of overflow pipes and to all inlets.
<input type="checkbox"/>	Make sure any water collection containers have secure lids or screens.

#### **Where to get help**

If you have any concerns about your health

- Your doctor
- NURSE-ON-CALL Tel. 1300 60 60 24 – for expert health information and advice (24 hours, 7 days)
- Your pharmacist

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Department of Health and Human Services

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