

Don't risk the flu. Get vaccinated today.



This winter season, help protect your child from serious illness with a free flu vaccine.

Why get the flu vaccine?

The flu can be serious, especially for children. Everyone 6 months and older is recommended to get the annual flu vaccine.

Babies and toddlers need special protection from the flu, and the vaccine is just as important as other routine childhood vaccines. It helps protect them from the most common flu strains.

The vaccine protects you, your family, and the community. It also helps reduce the risk of severe illnesses and flu related complications. The vaccine is free for eligible priority groups.

Free flu vaccine is available for:

- **Children aged 6 months to under 5 years from your doctor (GP) or local council immunisation service**
- **Aboriginal and Torres Strait Islander people aged 6 months and older**
- **Adults aged 65 years and older**
- **Pregnant women (at any stage of pregnancy)**
- **Individuals with certain medical conditions that increase the risk of severe flu.**

Where to get vaccinated

You can get your flu vaccine from your local:

- Doctor (GP)
- Aboriginal Community Controlled Health Organisation
- Council immunisation service
- Pharmacists for ages 5 years and older.

[Find a location close to you](#) to get your flu vaccine.

Don't risk the flu. Protect your family with an annual flu vaccine.

Your urgent care options from home

If you need urgent healthcare from home or anywhere else:

- [Virtual Emergency Care](#) is a free 24/7 service that connects you to an emergency doctor or nurse from your computer or mobile. For Virtual Emergency Care, register for a consultation at the [Victorian Virtual Emergency Department](#).
- Contact [Nurse-on-Call](#) on [1300 60 60 24](#) if you want to speak to someone over the phone, or need advice on whether you should seek further medical help. Help is available 24 hours a day, 7 days a week.
- If you are in a life-threatening situation and need emergency care now call triple zero ([000](#)) or visit your nearest emergency department.