



# Mosquitoes can spread serious diseases

**In Victoria, Ross River virus and Japanese encephalitis can be spread by mosquito bites.** Reduce your risk of infection by protecting yourself from mosquito bites.



Apply mosquito repellent evenly to exposed skin. Pack repellent when going for walks, camping, fishing, or travelling.



Wear long and loose, light-coloured clothing, as well as socks and closed shoes. Mosquitoes can bite through tight clothing.



Mosquitoes can breed in stagnant water around your home. Remove places where mosquitoes lay their eggs by emptying buckets and containers holding water.

