

	English	Simplified Chinese
Social post 1: "Mosquito alert"	<p>Mosquitoes can carry diseases. Your best protection is to avoid mozzie bites.</p> <p>Use mosquito repellents containing Picaridin or DEET on all exposed skin; and limit your time outdoors if lots of mosquitoes are about.</p> <p>More information https://www.betterhealth.vic.gov.au/protect-yourself-mosquito-borne-disease</p>	<p>蚊子可能会携带疾病。最好的防护措施是避免被蚊子叮咬。</p> <p>在所有暴露在外的皮肤上使用含有派卡瑞丁（Picaridin）或避蚊胺（DEET）的驱蚊剂；并在有大量蚊子出没的户外减少停留时间。</p> <p>更多信息请访问 https://www.betterhealth.vic.gov.au/protect-yourself-mosquito-borne-disease</p>
Social post 2: "Mosquitoes can carry serious disease"	<p>Mosquitoes can spread viruses like Ross river virus, and Japanese encephalitis virus. Avoid mosquito bites. https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>	<p>蚊子可以传播诸如罗斯河（Ross River）和日本脑炎（Japanese Encephalitis）等病毒。请避免被蚊子叮咬。 https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>
Social post 3: "Stop mosquitoes from breeding"	<p>Mozzies love to breed in stagnant water. Reduce pools of water in and around backyards where you can. Protect yourself and your family from mosquito bites. https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>	<p>蚊子非常喜欢在积水中繁殖。请尽可能减少后院及其周围的积水。</p> <p>保护您和您的家人免遭蚊子叮咬。 https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>
Social post 4: "Playing sport this weekend?"	<p>If you're heading outdoors this long weekend enjoy yourself but remember to avoid mosquito bites. Mosquitoes can spread many diseases so:</p> <ul style="list-style-type: none"> • Cover up: wear long, loose fitting, light coloured, clothing. • Apply: mosquito repellent that contains 	<p>如果这个长周末您准备进行户外活动，记得在开心玩耍的同时也要避免被蚊子叮咬。</p> <p>蚊子可以传播多种疾病，因此请：</p> <ul style="list-style-type: none"> • 穿合适的衣服：宽松的浅色长袖衣裤。 • 使用合适的驱蚊剂：含有派卡瑞丁和避蚊胺的驱蚊剂。并记得经常补喷补涂。

	<p>picaridin or DEET. Reapply often.</p> <p>https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>	<p>https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>
<p>Social post 5: "Packing for a summer holiday?"</p>	<p>Packing for the school holidays?</p> <p>Here's a quick checklist to help keep the family safe:</p> <ul style="list-style-type: none"> • Hats and plenty of sunscreen • Mozzie repellent • Water bottles • First aid kit • Essential medications <p>Don't forget to download the VicEmergency app so you can receive alerts and warnings about emergencies in your area</p> <p>https://emergency.vic.gov.au/respond/</p>	<p>您正在为学校假期出行而准备行李吗？</p> <p>请对照这份简单的检查清单来确保家人的安全：</p> <ul style="list-style-type: none"> • 遮阳帽和充足的防晒霜 • 驱蚊剂 • 水壶 • 急救包 • 必备药物 <p>别忘了下载 VicEmergency 应用程序来接收有关您所在地区的警报和警告</p> <p>https://emergency.vic.gov.au/respond/</p>
<p>Social post 8: "Tips for using insect repellent"</p>	<p>There are lots of mozzies about this summer.</p> <p>If you're heading outdoors hiking or camping, remember to pack mozzie repellent.</p> <p>https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>	<p>今年夏天有大量蚊子出没。</p> <p>如果您即将去野外徒步旅行或露营，请记得带好驱蚊剂。</p> <p>https://www.betterhealth.vic.gov.au/protectyourself-mosquito-borne-disease</p>