

Hospitals, surgery and procedures | တၢ်ဆါဟံၣ်တဖၣ်-ကူးကွဲးယါဘျါ-ဒီး-တၢ်မၤအကျိၤအကွၢ်တဖၣ်

It's a fact of life that many of us will require a hospital stay at some point in our lives, whether it be due to illness, a surgical procedure, the birth of a child or an unexpected emergency.

Victoria is fortunate to have a diverse range of public and private hospitals spread across both metropolitan and regional centres statewide.

These hospitals cover a vast amount of general and specialised areas of health-care practice.

Which hospital you ultimately end up attending will be largely based both on your location and your specific needs and circumstances.

Often, this can be determined by whether your hospital visit is planned or unplanned.

An unplanned hospital visit usually means that you or someone you're helping has needed to go a hospital urgently because something unexpected has happened, an injury or an accident, for example.

And in most cases, the best thing to do is go to the emergency department of your nearest hospital, or calling 000 for urgent medical advice and assistance if you are unable to get to a hospital in an emergency.

Planned hospital visits occur when your GP or other specialist healthcare professional advises you to visit a hospital for a specialist clinic, maternity services or

တၢ်အံၤမ့ၢ်တၢ်ဂ့ၢ်လၢအမ့ၢ်အတီၢ်တခါဘၣ်ဃးဒီးတၢ်အိၣ်မူလၢပဝဲသ့ၣ်အါဂၤလိၣ်ဘၣ်တၢ်ထီၣ်တၢ်ဆါဟံၣ်လၢပတၢ်အိၣ်မူပုၤတတီၤတီၤ, လၢတၢ်ဆူးတၢ်ဆါ အယိ, လၢတၢ် ကွဲးတၢ်ကါအယိ, လၢဆံးစၢ်ဖိအယိမ့ၢ်တမ့ၢ်လၢဂ့ၢ်ဂီၢ်အူလၢတၢ်တမ့ၢ်လၢအပူၤအယိန့ၣ်လီၤ.

ဝံးထီၣ်ရဲၤယါန့ၣ်အဘျုးဂ့ၢ်တၢ်လၢအိၣ်ဒီးအိၣ်ဒီးကမ့ၢ်ဒီးပုၤနီၣ်တဂၤဒၣ်တၢ်ဆါဟံၣ်တဖၣ် လၢအိၣ်ရဲၤလီၤအသးအါမးလၢပူၤပုၤပုၤဒီးလီၢ်က ဝီၤဒိၣ်ခံၣ်လၢအပူၤလၢကီၢ်စၢ်ဒိတဘျုးညါန့ၣ်လီၤ.

တၢ်ဆါဟံၣ်တဖၣ်အံၤအိၣ်ဒီးဆူၣ်ချုတၢ်ဖံးတၢ်မၤဖးဒိၣ်လၢဆူၣ်ချုတၢ်ကွၢ်ထွဲအတက့ၢ်ညီၣ်ဒီးလီၤလီၤဆီဆီတဖၣ်န့ၣ်လီၤ.

တၢ်ဆါဟံၣ်လၢနလဲၤထီၣ်လၢခံကတၢ်န့ၣ်ကဒီးသန့ၤထီၣ်သးဒိၣ်မးလၢနအိၣ်ဆိးအလီၢ်ဒီးနတၢ်လိၣ်လီၤလီၤဆီဆီဒီးတၢ်မၤအသးလၢနန့ၣ်ခံၣ်လၢအံၤဖိခိၣ်လီၤ.

ညီၣ်န့ၢ်တၢ်အံၤတၢ်ဆါဟံၣ်တဖၣ်အံၤအိၣ်ဒီးဆူၣ်ချုလၢနလဲၤဆူတၢ်ဆါဟံၣ်န့ၣ်မ့ၢ်ဒိတၢ် ကျဲၤဆိပဝဲစၢၤအသးခါ, မ့တမ့ၢ်တရဲၣ်ကျဲၤဆိပဝဲစၢၤန့ၣ်လီၤ.

နလဲၤဆူတၢ်ဆါဟံၣ်န့ၣ်မ့ၢ်ဒိတၢ်ကျဲၤဆိပဝဲစၢၤအသးခါ, မ့တမ့ၢ်တရဲၣ်ကျဲၤဆိပဝဲစၢၤန့ၣ်လီၤ. ညီၣ်န့ၢ်တၢ်လဲၤဆူတၢ်ဆါဟံၣ်လၢတၢ်တရဲၣ်ကျဲၤဆိပဝဲစၢၤအိၣ်ပညီၣ်န့ၣ်မ့ၢ်ဝဲဒၣ်န့ၣ်, မ့တမ့ၢ်ပုၤတဂၤလၢလၢနမၤစၢၤအံၤဘၣ်လဲၤတၢ်ဆါဟံၣ်ချုခိဖျါလၢတၢ်ဂ့ၢ်တမံၤလဲၤထီၣ်အသးလၢတၢ်တမ့ၢ်လၢ ဘၣ်အပူၤ, အဒိ, တၢ်ဘၣ်ဒိဘၣ်ထံးမ့တမ့ၢ်တၢ်ဘၣ်ဖုးဘၣ်ပျီၢ်တမံၤလဲၤအယိလီၤ.

ဒီးလၢတၢ်ဂ့ၢ်အါဒၣ်တၢ်တက့ၢ်, တၢ်အဂ့ၢ်ကတၢ်လၢတၢ်ကဘၣ်မၤအံၤန့ၣ်မ့ၢ်တၢ်လဲၤဆူဂီၢ်အူဝဲၤကျဲၤလၢတၢ်ဆါဟံၣ်အိၣ်ဘူးကတၢ်ဒီးန့ၣ်မ့တမ့ၢ် မ့ၢ်ကိးလီၤတစိ ၀၀၀ အဆိအချုလၢကသံၣ်ကသီတၢ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးဒီးတၢ်မၤစၢၤအဂီၢ်ဖဲလၢန လဲၤဆူတၢ်ဆါဟံၣ်တသ့ဘၣ်မ့ၢ်လၢဂ့ၢ်ဂီၢ်အူတၢ်အိၣ်သးအယိန့ၣ်လီၤ.

တၢ်လဲၤဆူတၢ်ဆါဟံၣ်လၢတၢ်ရဲၣ်ကျဲၤဆိပဝဲစၢၤန့ၣ်ကဲထီၣ်အသးဖဲန့ၣ်ဖိထၢဖိကသံၣ်သရဲၣ်မ့တမ့ၢ် ဆူၣ်ချုတၢ်ကဟုကယၢ်ပုၤစဲၣ်နီၣ်အဂၤတဂၤဟ့ၣ်ကူၣ်န့ၣ်လၢနကလဲၤဆူ တၢ်ဆါဟံၣ်လၢပုၤစဲၣ်နီၣ်ကသံၣ်ဒၢး, ပုၤအိၣ်ဒီးဟူးသးအတၢ်မၤန့ၢ်ခဲးတဖၣ်မ့ တမ့ၢ်တၢ်ကူၤယါဘျါလီၤလီၤဆီဆီအဂီၢ်န့ၣ်လီၤ.

specific treatment.

A fairly common example of this is to get a specialist opinion on whether you need surgery.

Before going into hospital, your doctor will usually refer you to see a specialist, and you'll need to contact the specialist clinic and make an appointment.

The specialist will assess you and may send you for further tests before deciding on what kind of treatment you require and whether you need to go into hospital or surgery for treatment.

At this stage, you will also be told how long you will have to wait for treatment.

Sometimes, you may be booked to attend a hospital for complex tests or treatments that require you to be admitted for a day or overnight.

How you are admitted to hospital depends on whether you are going through the public or private hospital system, what kind of treatment you're receiving and how urgent your treatment is.

In public hospitals, your waiting time for elective surgery depends on how urgent your condition is, which is discussed by you and the surgeon.

For emergency surgery, you may be admitted straight away from the emergency department or clinic with no waiting period.

In the public hospital system, you may not be able to choose your treating specialist.

In private hospitals, you may not have to wait as long for treatment and you can

တၢ်အဒိလၢအကြၢးဒီးမၤညီန့ၢ်အသးလၢတၢ်အံၤအဂီၢ်န့ၢ် မ့ၢ်ဒိးသိးကဒီးန့ၢ်ဘၣ်ပုၤစံၣ်နီၤအတၢ်ထံၣ်လၢနလိၣ်တၢ်ကွဲး တၢ်ကိမ့ၢ်တလိၣ်ဘၣ်လဲၣ်န့ၢ်လီၤ.

တချုးလဲၣ်န့ၢ်ဆူတၢ်ဆါဟံၣ်ပုၤဒီးဘၣ်န့ၢ်, နကသံၣ်သ ရၢၣ်ကဆူညီန့ၢ်န့ၢ်လၢတၢ်လဲၣ်ထံၣ်လိၣ်သးဒီးပုၤစံၣ်နီၤ ဒီးလိၣ်လၢနဘၣ်ဆဲးကျိးပုၤစံၣ်နီၤကသံၣ်ဒၢးဒီးမၤတၢ် သ့ၣ်ဆၢဖးကတီၢ်န့ၢ်လီၤ.

ပုၤစံၣ်နီၤအံၤကသမံသမိး ကွၢ်န့ၢ်ဒိကဆူန့ၢ်လၢ တၢ်မၤ ကွၢ်အါထီၣ်သးအဂီၢ်တချုးဆၢတဲၣ်ဒီးဘၣ်တၢ်ကူစါယါဘျါ မနုၤတမံၤလၢနလိၣ်ဘၣ်လဲၣ်ဒီးနကဘၣ်လဲၣ်မ့တမ့ၢ်တဘၣ် လဲၣ်ဆူတၢ်ဆါဟံၣ်မ့တမ့ၢ်တၢ်ကွဲးတၢ်ကိလၢတၢ်ကူစါယါ ဘျါအဂီၢ်န့ၢ်လီၤ.

ဖဲအပတီၢ်ဝဲအံၤန့ၢ်တၢ်ကတဲန့ၢ်စ့ၣ်ကီးလၢတၢ်ကူစါ ယါဘျါအဂီၢ်န့ၢ်ဘၣ်အိၣ်ခိးယံၣ်ထဲလဲၣ်အဂီၢ်န့ၢ် လီၤ.

တဘျီတခီၣ်, ဘၣ်သ့ၣ်သ့ၣ်တၢ်ကသ့ၣ်ဆၢဖးကတီၢ်န့ၢ်န့ၢ် တၢ်လဲၣ်ဆူတၢ်ဆါဟံၣ်လၢတၢ်မၤကွၢ်မ့တမ့ၢ်တၢ်ကူစါ ယါဘျါတဘျုးမံၤအဂီၢ်လၢလိၣ်ဘၣ်တၢ်ကပျဲထီၣ်န့ၢ်လၢ တၢ်ဆါဟံၣ်တသီမ့တမ့ၢ်တန့ၢ်အဂီၢ် လီၤ.

တၢ်ကပျဲထီၣ်န့ၢ်လၢတၢ်ဆါဟံၣ်ဒိလဲၣ်န့ၢ်သန့ၤထီၣ်အသး လၢမ့ၢ်နကလဲၣ်နီၤဖျိအီၤလၢကမျၢၢ်တၢ်ဆါ ဟံၣ်မ့ၢ်လၢပုၤ နီၣ်တဂၤဒၣ်အတၢ်ဆါဟံၣ်အတၢ်ရဲၣ်တၢ်ကျဲၤန့ၢ်စါ, တၢ်ကူ စါယါဘျါမနုၤတမံၤလၢနဒီးန့ၢ်ဘၣ်အီၤဒီးတၢ်ကူစါယါဘျါ လၢနလိၣ်ဘၣ်အီၤလၢအဆိအချုထဲလဲၣ်အဖီခိၣ်လီၤ.

လၢကမျၢၢ်တၢ်ဆါဟံၣ်တဖၣ်အပူၤ, တၢ်ဆၢကတီၢ်လၢန ဘၣ်အိၣ်ခိးတၢ်ကွဲးတၢ်ကိလၢနယုထၢဒၣ်န့ၢ်အဂီၢ်န့ၢ်ဒီးသ န့ၢ်ထီၣ်အသးလၢနတၢ်ဆူးတၢ်ဆါအံၤတၢ်ကဘၣ်ကူစါအ ဆိအချုထဲလဲၣ်အဖီခိၣ်လၢတၢ်တၢ်ပီၣ်တ့ၣ်လံအီၤလၢ န့ၢ်ဒီးတၢ်ကူတၢ်ကိကသံၣ်သရၢၣ်န့ၢ်လီၤ.

တၢ်ကူတၢ်ကိလၢဂ့ၢ်ဂီၢ်အူအဂီၢ်န့ၢ်, တၢ်ကပျဲထီၣ်န့ၢ်တၢ် ဆါဟံၣ်တဘျီဖီဖျိဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤ, မ့တမ့ၢ်လၢကသံၣ် ဒၢးလၢတလိၣ်အိၣ်ခိးနီၤတဲးဘၣ်န့ၢ်လီၤ.

လၢကမျၢၢ်တၢ်ဆါဟံၣ်တၢ်ရဲၣ်တၢ်ကျဲၤပုၤန့ၢ်, ဘၣ်သ့ၣ် သ့ၣ်နယုထၢတၢ်ကူစါယါဘျါအပုၤစံၣ်နီၤတသ့ဘၣ်န့ၢ်လီၤ.

လၢပုၤနီၣ်တဂၤဒၣ်အတၢ်ဆါဟံၣ်တဖၣ်အပူၤန့ၢ်ဘၣ်သ့ၣ်သ့ၣ်

usually choose who your doctor or specialist is, but you should be aware there are costs and fees associated with any form of treatment within the private system.

Sometimes, even if you plan to be admitted to a private hospital, the best place for your treatment may end up being a public hospital.

This can be due to a particular public hospital having the specific equipment, facilities and specialists required for a particular health problem or treatment.

Once you've been admitted into hospital, you will stay in a hospital ward.

How long you stay will depend on the specific treatment you require.

For minor procedures, you may only need to stay for a day, but for ongoing treatment or major surgery, you will need to stay longer.

Outside of the hospital system, there are numerous other services that can provide treatment if you have an urgent need.

For medical emergencies, you should always call 000.

For after-hours medical issues that are not emergencies, there are a range of options available to you, such as telephone helplines, pharmacies and after hours medical clinics.

If you are seeking general medical advice about a health issue, you can phone Nurse-On-Call at any time of the day or night, or contact Maternal and Child Health if you are concerned about your baby or your child.

For more information, visit: betterhealth.vic.gov.au/hospitals

တလိပ်နအိတ်ခိးတၢ်ကူစါယါဘျါအဂီၢ်ဘၣ်ဒီးညီန့ၢ်နယုထာ လၢမတၢ်တၢ်န့ၢ်ကမ့ၢ်နကသံၣ်သရၣ်မ့တမ့ၢ်ပုၤစဲၣ်နီၤ သ့ဝဲဒၣ်, ဘၣ်ဆၣ်န့ၢ်ကြၢးပလီၢ်နသးလၢတၢ်အံၤအိတ်ခိးအ ပုၤကလံၤဒီးအဘူးအလဲတဖၣ်ဘၣ်ထွဲလိာ်သးဒီးတၢ်ကူစါ ယါဘျါတမံၤတမံၤတမံၤလၢပုၤနီၣ်တၢ်တၢ်ဆါဟံၣ် တၢ်ရဲၣ်တၢ်ကျဲၤပုၤန့ၢ်လီၤ.

တဘျီတခိၣ်, နမ့ၢ်ရဲၣ်ကျဲၤလၢတၢ်ကပျဲထီၣ်န့ၢ်လၢပုၤနီၣ် တၢ်ဒၣ်အတၢ်ဆါဟံၣ်ဒၣ်လဲၣ်တၢ်လီၤအဂ့ၢ်ကတၢ်လၢတၢ် ကကူစါယါဘျါန့ၢ်အဂီၢ်န့ၢ်ကမ့ၢ်ဝဲဖဲကမျၢၢ်တၢ်ဆါဟံၣ်န့ၢ် လီၤ.

တၢ်အံၤမ့ၢ်ဝဲဒၣ်သ့လၢတၢ်ဆါဟံၣ်တနီၤနီၤအိတ်ခိးတၢ်အပိး အလိၣ်ဒီးစဲးဖိကဟံၣ်ပိးလီၤလီၤဆီဆီဒီးပုၤစဲၣ်နီၤလၢတၢ် လိာ်ဘၣ်အံၤလၢဆူၣ်ချတၢ်ဂ့ၢ်ကိလီၤလီၤဆီဆီမ့တမ့ၢ်တၢ် ကူစါယါဘျါအဂီၢ်အယံၤလီၤ.

ဖဲပျဲထီၣ်န့ၢ်လၢတၢ်ဆါဟံၣ်ပုၤအခါန့ၢ်နကဘၣ်အိတ်ခိးလၢတၢ် ဆါဟံၣ်ဒၣ်ဒီးပုၤလီၤ.

နကဘၣ်အိတ်ခိးယံၤထဲလဲၣ်န့ၢ်ဒီးသန့ၤထီၣ်အသးလၢတၢ်ကူစါ ယါဘျါလီၤလီၤဆီဆီလၢနလိာ်ဘၣ်အံၤန့ၢ်လီၤ.

တၢ်ကူစါယါဘျါလၢအရွဲတခိၣ်ကဲၣ်ဆိးတဖၣ်အဂီၢ်န့ၢ်, လိာ်လၢ နကဘၣ်အိတ်ခိးထဲဒၣ်တသီဇီၤ, ဘၣ်ဆၣ်လၢတၢ် ကူစါယါဘျါဆူၣ်ညါမ့တမ့ၢ်တၢ်ကွဲးတၢ်ကါးဒိၣ်အဂီၢ်န့ၢ် နဘၣ်အိတ်ခိးယံၤထီၣ်တစဲးန့ၢ်လီၤ.

လၢတၢ်ဆါဟံၣ်အတၢ်ရဲၣ်တၢ်ကျဲၤအချၢတခါန့ၢ်, အိတ် ခိးတၢ်မၤန့ၢ်ခဲးအဂ့ၢ်အဂ့ၢ်တဘျါမံၤလၢအဟ့ၣ်မၤစၢၤ တၢ်ကူစါယါဘျါသ့ဝဲဒၣ်ဖဲနအိတ်ခိးတၢ်လိာ်ဘၣ်အဆိအချ အခါန့ၢ်လီၤ.

လၢကသံၣ်ကသီဂ့ၢ်ဂီၢ်အူအဂီၢ်န့ၢ်န့ၢ်ကြၢးကိးလီၤတဲ စိဆူ ၀၀၀ ထီၣ်ဘိန့ၢ်လီၤ.

ကသံၣ်ကသီတၢ်ဂ့ၢ်ကိလီၤလၢတၢ်ဆါကတီၢ်တလၢကွဲၣ်အဂီၢ်လၢ တမ့ၢ်ဘၣ်ဂ့ၢ်ဂီၢ်အူတဖၣ်န့ၢ်တၢ်ယုထာခွဲးယံၤအိတ်အါမးလၢန ဂီၢ်ဒိအမ့ၢ်လီၤတဲစိတၢ်မၤစၢၤလီၤကျိၤတဖၣ်, ကသံၣ်ကျးတ ဖၣ်ကသံၣ်ဒၣ်လၢတၢ် ဆါကတီၢ်တလၢကွဲၣ်အဂီၢ်တဖၣ်လီၤ.

နမ့ၢ်ယုဒီးန့ၢ်ကသံၣ်ကသီတၢ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးထီၣ်လီၤဘၣ်ဃး ဒီးဆူၣ်အတၢ်ဂ့ၢ်ဂီၢ်န့ၢ်နကိးနးစိလၢလီၤတဲစိတဘျီလၢလၢ ဖဲမ့ၢ်ဆါမ့ၢ်ဂ့ၢ်မ့ၢ်န့ၢ်မ့ၢ်ဂ့ၢ်, မ့တမ့ၢ်ဆဲးကျိးဆူၣ်ချဲၣ်လီၤ ဘၣ်ဃးဒီးမိၢ်ဒီးဖဲသ့ဝဲဒၣ်ဖဲနအိတ်ခိးတၢ်ဘၣ်ယိာ်ဘၣ်ဃးဒီး နဖိဆံးဖိမ့တမ့ၢ်န ဖိအဒိၣ်အခါန့ၢ်လီၤ.

လၢတၢ်န့ၢ်အါထီၣ်တၢ်ဂ့ၢ်ဂီၢ်တၢ်ကျိၤအဂီၢ်, န့ၢ်လီၤ ကွဲၣ်ဖဲ betterhealth.vic.gov.au/hospitals တက့ၢ်.

