



KA ILAALI NAFTAADA ASMADA DUUFAANKA



1

Kala-hadal dhaqtarkaaga ama farmashiistaha wax ku saabsan waxaad qaban karto si aad uga ilaaliso naftaada xilligan manka ah.

2

Baro 4ta tallaabo ee gargaarka kowaad ee asmada.

3

Iska-jir saadaasha asmada duufaanta xilligan manka ah.



Ilaali naftaada xilligan manka ah.

Maaraynta arimaha asmada iyo alerjikada.

Ka eeg betterhealth.vic.gov.au wixii macluumaad dheeraad ah.

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