

Child family and relationship

| ဖိသပ်အချုပ်ဖိထာဖိဒီးတၢ်ဘၣ်ထွဲလိာ်သး

For families in Victoria, there is a broad range of services to support and assist them, from parent education, to maternal and child healthcare, childcare, crisis support, child protection, family violence and relationship services.

Early parenting services offer support to parents from pregnancy through to a child turns four, helping with common difficulties such as feeding and sleeping problems, as well as more complex challenges.

A range of specialist support, counselling, education, and advice services are provided through early parenting centres across Victoria.

"We provide support and education to families who are experiencing some challenges within their lives, so we're working with families with children naught, or even pre-birth, through to four years of age, where we know brain development's really important, and we provide a range of services from day-stay, residential, home-visiting, to community education programs, to support young children."

Early parenting services are subsidised, and are designed to assist families needing to build their skills and confidence in caring for their infant or toddler.

"We're dealing with far more complexity with the family, and really looking at attachment and attunement, relationships within the family dynamics, to ensure the best outcomes for the infants and toddlers that we're dealing with."

Victoria's maternal and child health services monitor the health and development of your baby or toddler.

လၢအူၣ်ဖိထာဖိတဖၣ်လၢဝံးထီၣ်ရံၤယါပူၤအဂီၢ်န့ၣ်, တၢ်မၤန့ၣ်ခဲးတဖၣ်အိၣ်အါမးလၢတၢ်တိၤစၢၤမၤစၢၤဒီးတၢ်မၤစၢၤအဝဲသ့ၣ်လၢ, စးထီၣ်လၢမိၢ်ပၢ်အတၢ်ကူၣ်ဘၣ်ကူၣ်သ့, တုၤဃီၤလၢမိၢ်ဒီးဖိဆူၣ်ချုတၢ်ကဟုကယၢ်, တၢ်ကဟုကယၢ်ဖိသ့ၣ်, တၢ်နးတၢ်ဖိၣ်ကတီၢ်တၢ်တိၤစၢၤမၤစၢၤ, တၢ်ဟ့ၣ်ဒီးသးဒါဖိသ့ၣ်, န့ၣ်ဖိထာဖိတၢ်စုဆူၣ်ခိၣ်တကးဒီးတၢ်ဘၣ်ထွဲလိာ်သးတၢ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်လီၤ.

တၢ်ကွၢ်လုၢ်ဒိၣ်ထီၣ်ဆိဖိတၢ်မၤန့ၣ်ခဲးတဖၣ်ဟ့ၣ်လီၤတၢ်တိၤစၢၤမၤစၢၤဆူၣ်မိၢ်ပၢ်တဖၣ်အအိၣ်စးထီၣ်လၢအိၣ်ဒီးဟုးသးဒီးလဲၤခိၣ်တုၤဃီၤလၢဖိသ့ၣ်ပဲၤထီၣ်လွံၣ်န့ၣ်တစု, လၢတၢ်မၤစၢၤအီၤဒီးတၢ်ကိတၢ်ခဲလၢညီၤန့ၣ်မၤအသးတဖၣ်ဒိသးဒီးတၢ်ဒုးအိၣ်တၢ်အိၣ်ဒီးတၢ်မံအဂ့ၢ်ကိတဖၣ်, ဃုၣ်ဒီးတၢ်တၢ်လၢတၢ်ဘၣ်ဘုၤပၢ်ဃုၣ်သးတဖၣ်န့ၣ်လီၤ.

တၢ်အိၣ်တဘျုးမံၤလၢဘၣ်ဃးဒီးပုၤစဲၣ်နီၤအတၢ်တိၤစၢၤမၤစၢၤ, တၢ်ဟ့ၣ်ကူၣ်တဲသကိးတၢ်, တၢ်ကူၣ်ဘၣ်ကူၣ်သ့ဒီးတၢ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးတၢ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်တၢ်မၤန့ၣ်အီၤဒီးဖိလၢတၢ်ကွၢ်လုၢ်ဒိၣ်ထီၣ်ဆိဖိဝဲၤလီၤလၢဝံးထီၣ်ရံၤယါဒိကမျၢ်ညါအပူၤန့ၣ်လီၤ.

ပဒုးအိၣ်ထီၣ်တၢ်တိၤစၢၤမၤစၢၤဒီးတၢ်ကူၣ်ဘၣ်ကူၣ်သ့ဆူၣ်ဖိထာဖိတဖၣ်အအိၣ်လၢအမ့ၢ်ပုၤလၢလဲၤဒီးဖိဖျိဘၣ်တၢ်တၢ်တၢ်နီၤလၢအဝဲသ့ၣ်အတၢ်အိၣ်မူၤန့ၣ်လီၤ, လၢတၢ်န့ၣ်အယိပမၤသကိးတၢ်ဒီးန့ၣ်ဖိထာဖိလၢအအိၣ်ဒီးဖိသ့ၣ်တဖၣ်လၢဖိတအိၣ်ဘၣ်, မ့တမ့ၢ်တချုးဆးစၢ်ဒိဘၣ်ဖိ, လဲၤခိၣ်တုၤဃီၤလၢသးန့ၣ်ပဲၤထီၣ်လွံၣ်န့ၣ်လၢအလီၢ်ဖိပသ့ၣ်ညါဘၣ်ခိၣ်န့ၣ်အတၢ်ဂုၤထီၣ်ပသီထီၣ်န့ၣ်အဂ့ၢ်ဒိၣ်ဝဲဒုၣ်နီၢ်နီၢ်, ဒီးပဒုးအိၣ်ထီၣ်တၢ်မၤန့ၣ်ခဲးတဘျုးမံၤစးထီၣ်လၢတၢ်အိၣ်ဆိး အလီၢ်လၢမ့ၢ်ဆါအဂီၢ်, တၢ်လဲၤအိၣ်သကိးလၢဟံၣ်လၢပီ, တုၤဃီၤလၢပုၤတတၢ်ကူၣ်ဘၣ်ကူၣ်သ့ တၢ်ရဲၣ်တၢ်ကျဲၤတဖၣ်, လၢတၢ်တိၤစၢၤမၤစၢၤဖိသ့ၣ်သးစၢ်တဖၣ်အဂီၢ်လီၤ.

တၢ်ကွၢ်လုၢ်ဒိၣ်ထီၣ်ဆိဖိတၢ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်တၢ်ဟ့ၣ်မၤစၢၤအီၤကျိၣ်စုဒီးတၢ်ကူၣ်ပၢ်လၢတၢ်ကမၤစၢၤဖိထာဖိတဖၣ်လၢလိာ်ဘၣ်တၢ်သ့ၣ်ထီၣ်ဘိထီၣ်အတၢ်သ့တၢ်ဘၣ်ဒီးတၢ်န့ၣ်န့ၣ်လီၤသးတဖၣ်လၢတၢ်ကဟုကယၢ်အဝဲသ့ၣ်ဖိဆးဖိမ့တမ့ၢ်ဖိသ့ၣ်ဟးလိသီဖိအပူၤန့ၣ်လီၤ.

ပဟံးထီၣ်ဖိၣ်ထီၣ်မၤတၢ်လၢတၢ်အိၣ်ဘၣ်ဘုၤစီၤဃီၤလၢအဒိၣ်ထီၣ်ဃုၣ်ဒီးန့ၣ်ဖိထာဖိ, ဒီးမုၢ်လၢတၢ်နီၢ်နီၢ်လၢတၢ်သးစဲလိာ်သးဒီးတၢ်အိၣ်ဖိမံလိာ်သး, တၢ်ဘၣ်ထွဲလိာ်သးလၢဟံၣ်ဖိဃီဖိတၢ်လဲၤလဲလိာ်သးတဖၣ်အပူၤ, လၢတၢ်မၤလီၤတၢ်အစၢအဂ့ၢ်ဒိၣ်ကတၢ်တဖၣ်လၢဖိသ့ၣ်ဆးတဖၣ်, ဒီးဖိသ့ၣ်ဟးလိသီဖိတဖၣ်အဂီၢ်လၢပဟံးထီၣ်ဖိၣ်ထီၣ်မၤတၢ်ဒီးအီၤန့ၣ်လီၤ.

ဝံးထီၣ်ရံၤယါဘၣ်ဃးမိၢ်ဒီးဖိသ့ၣ်ဆူၣ်ချုတၢ်မၤန့ၣ်ခဲးတဖၣ်ကွၢ်စူၣ်ကယၢ်န့ၣ်ဆးမ့တမ့ၢ်ဖိသ့ၣ်ဟးလိသီဖိအတၢ်အိၣ်ဆူၣ်အိၣ်ချုဒီးတၢ်ဂုၤထီၣ်ပသီထီၣ်န့ၣ်လီၤ.

They provide 10 consultations, can provide referrals to healthcare professionals if needed, and can link you with other local families and community services.

The Maternal Child Health line is a 24 hour telephone line staffed by qualified nurses, with information, support, and guidance regarding child health, nutrition, breastfeeding, maternal and family health, and parenting.

Children and family services are inclusive of all cultures, however, there are also family and parenting services specifically designed for Aboriginal and Torres Strait Islander families.

"It's not just about the antenatal care, it could be around housing, financial counselling, mental health, so a range of issues, and we also provide transport, which is an essential part of the KMS Program. And you can't get that in mainstream, so that's a major barrier to people attending the services here."

Childcare services provide care and support for working families.

Finding the right childcare arrangement will depend on the length of care you need, your child's age, and the type of care you think would suit your child.

The cost of childcare depends on the type of service you choose.

You may be eligible for financial assistance from the Commonwealth government.

Contact the Department of Human Services.

As families grow and children become young adults, additional services are ready at hand across Victoria.

Many are subsidised by the government, including

အဝဲသ့ဗ်မၤန့ၣ်တၢ်တၢ်ပီၣ်ဟ့ၣ်က့ၣ်သကိးတၢ် ၁၀၁၅၅, မၤန့ၣ်တၢ်ဆုၤဒီဂိၣ်တဖၣ်သ့ဝဲဒၣ်ဆူဆူၣ်ချ့တၢ်ကဟုကယၢ်ကံၢ်စီပဲၤပုၤမၤတၢ်ဖိတဖၣ်အအိၣ်လၢတၢ်မ့ၢ်လိၣ်ဘၣ်အိၣ်, ဒီးဘျးစံးန့ၣ်န့ၣ်ဒီးဒူၣ်ဖိထၢဖိအဂ့ၤအဂၤလၢလီၤကတိၤပုၤဒီးပုၤတၢ်တၢ်မၤန့ၣ်ခဲးတဖၣ်သ့န့ၣ်လီၤ.

ဘၣ်ဃးမိၢ်ဒီးဖိဆူၣ်ချ့လီၤကျိၤန့ၣ်မ့ၢ် ၂၄န့ၣ်ရံၣ်လီၤတဲစိလီၤကျိၤလၢတၢ်ဟ့ၣ်လီၤပုၤမၤတၢ်ဖိလၢအမ့ၢ်ကံၢ်စီပဲၤန့ၣ်စံးဖၣ်, ဃုၣ်ဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤ, တၢ်တိစၢၤဒီးတၢ်နဲၣ်ကျိၤဘၣ်ဃးဒီးဖိသ့တၢ်အိၣ်ဆူၣ်ချ့ဒီးတၢ်အိၣ်န့ၣ်ဂံၢ်န့ၣ်ဘါ, တၢ်ဒုးအိၣ်မိၢ်န့ၣ်ထံ, ဘၣ်ဃးဒီးမိၢ်ဒီးဒူၣ်ဖိထၢဖိတၢ်အိၣ်ဆူၣ်ချ့, ဒီးတၢ်လုၢ်ဒိၣ်ထီၣ်ဖိတဖၣ်န့ၣ်လီၤ.

ဖိသ့တဖၣ်ဒီးဒူၣ်ဖိထၢဖိတၢ်မၤန့ၣ်ခဲးတဖၣ်မ့ၢ်တၢ်ပၣ်ဃုၣ်ဝဲဒၣ်ဒီးတၢ်ဆဲးတၢ်လၢခဲလၢန့ၣ်လီၤ, ဘၣ်ဆၣ်ဒီး, တၢ်အိၣ်စ့ၣ်ကိးလၢဒူၣ်ဖိထၢဖိဒီးတၢ်လုၢ်ဒိၣ် ထီၣ်ဖိတၢ်မၤန့ၣ်ခဲးတဖၣ်လၢတၢ်တိၣ်မၤလီၤဆီန့ၣ်အိၣ်လၢအဘိၣ်ရဲၣ်န့ၣ်ဒီးထီၣ်စ့ၣ်ထွဲပုၤကိးဖိအဒူၣ်ဖိထၢဖိတဖၣ်အဂီၢ်လီၤ.

တၢ်န့ၣ်တမ့ၢ်ထဲဒၣ်တၢ်ဂ့ၢ်လၢတၢ်ချ့အိၣ်ဖျါထီၣ်ဖိဒီးဘၣ်တၢ်ကဟုကယၢ်ဘၣ်, တၢ်န့ၣ်မ့ၢ်ဝဲဒၣ်လၢဟံၣ်လၢဃီဝဲ, တၢ်ဟ့ၣ်က့ၣ်တဲသကိးတၢ်ဘၣ်ဃးဒီးကျိၣ်စ့, နီၣ်သးဆူၣ်ချ့သ့ဝဲဒၣ်အဃိတၢ်ဂ့ၢ်ကိၣ်ခဲထီၣ်တဘျုးမံၤ, ဒီးတၢ်မၤန့ၣ်ဝဲစိတီဆုၤ, လၢအမ့ၢ်တၢ်လိၣ်နီၣ်နီၣ်လၢခ့ၣ်အဲးစံးတၢ်ရဲၣ်တၢ်ကျိၤပုၤန့ၣ်လီၤဒီးတၢ်န့ၣ်န့ၣ်အိၣ်လၢတၢ်လၢအအိၣ်ဒ်ညီန့ၣ်သးအိၣ် န့ၣ်တသ့ဘၣ်, လၢတၢ်န့ၣ်အဃိတၢ်အံၤ မ့ၢ်တၢ်တြီမၤတံၢ်တၢ်အမိၢ်ပုၤတခါလၢပုၤဟ့ၣ်ဆူၣ်တၢ်မၤန့ၣ်ခဲးဖဲအံၤတဖၣ်အဂီၢ်လီၤ.

တၢ်ကဟုကယၢ်ဖိသ့တၢ်မၤန့ၣ်ခဲးတဖၣ်မၤန့ၣ်တၢ်ကဟုကယၢ်ဒီးတိစၢၤမၤတၢ်ဒူၣ်ဖိထၢဖိလၢအဖဲးတၢ်မၤတၢ်တဖၣ်အဂီၢ်လီၤ.

တၢ်ဃုထံၣ်န့ၣ်တၢ်ကဟုကယၢ်ဖိသ့တၢ်ရဲၣ်လီၤကျိၤလီၤန့ၣ်ဒီးသန့ၣ်ထီၣ်အသးလၢတၢ်ကဟုကယၢ်ယံၣ်ထံၣ်လဲၣ်လၢန့ၣ်လိၣ်ဘၣ်အိၣ်, နဖိအသးန့ၣ်,ဒီးတၢ်ကဟုကယၢ်ဒ်လဲၣ်တကလုၢ်လၢနဆိကမိၣ်ကကြားဒီး နဖိန့ၣ်လီၤ.

တၢ်လၢၣ်ဘျုးလၢၣ်စ့ၣ်လၢတၢ်ကဟုကယၢ်ဖိအဂီၢ်န့ၣ်ဒီးသန့ၣ်ထီၣ်အသးလၢတၢ်မၤန့ၣ်ခဲးအကလုၢ်လၢနဃုထၢအိၣ်န့ၣ်လီၤ.

န့ၣ်ကကြားဝဲဘၣ်ဝဲဒီးကျိၣ်စ့တၢ်တိစၢၤမၤတၢ်အဂီၢ်လၢထံလီၤကီၢ်ပုၤဒိၣ်အိၣ်သ့ဝဲန့ၣ်လီၤ.

ဆဲးကျိးပုၤကညီတၢ်မၤန့ၣ်ခဲးတဖၣ်ဝဲၤကျိၤတက့ၢ်.

ဒ်ဒူၣ်ဖိထၢဖိဟဲအိၣ်ဒီးဖိသ့တဖၣ်ကဲထီၣ်ပုၤဒိၣ်တုၣ်ခိၣ်ပုၤဃးစၢ်တဖၣ်အသးန့ၣ်, တၢ်မၤန့ၣ်ခဲးလၢအါန့ၣ်အန့ၣ်တဖၣ်အိၣ်ကတဲၣ်ကတီၤပၣ်စၢၤအသးလၢဝဲထီၣ်ရဲၣ်ယါဒိကမျိၣ်အပူၤန့ၣ်လီၤ.

တၢ်လၢအါဒ်တၢ်က့ၢ်န့ၣ်ကျိၣ်စ့တၢ်ဟ့ၣ်မၤတၢ်အိၣ်လၢပဒ်ဒိၣ်, လၢပၣ်ဃုၣ်ဒီးတၢ်မၤန့ၣ်ခဲးတဖၣ်လၢနီၣ်သးဆူၣ်ချ့ဒီးမဲ

services for mental health and dental health, as well as other allied health services, such as physiotherapy, psychology, and dietary advice.

For information on a range of dental services, information on the child dental benefit schedule, or to find a community dental clinic, contact Dental Health Services Victoria.

As young people move into adulthood, mental health or alcohol and drugs issues may occur.

Finding someone to talk to as early as possible is important.

Starting with family is a good place, or talk to your doctor or contact a confidential phoneline or online service.

These services are free, and expert counsellors can provide valuable advice and counselling. In times of urgent family crisis, there are emergency services to assist you.

In an emergency, always call 000.

If you or someone in your family is thinking about self-harm or suicide, call Lifeline, on 13 11 14.

If you are concerned about the safety and risk of harm to a child, contact your local child protection service.

Phone numbers are available at betterhealth.vic.gov.au/childprotection.

If you are worried about the immediate safety and risk of harm to a child, that cannot safely be left until the next working day, call the After Hours Child Protection Emergency Service on 13 12 78.

Child FIRST ensures that vulnerable children, young people, and their families, are linked to relevant services.

Visit the Department of Human Services website

တၢ်အိၣ်ဆူၣ်အိၣ်ချ့, ဃုၣ်ဒီးဆူၣ်ချ့တၢ်မၤန့ၣ်ခဲးသကိးလာအဂ့ၤတဖၣ်, ဒ်အမ့ၢ်နီၣ်ခိဟ့ၣ်ဂၤတၢ်ကူၤဖါယါဘျါ, သးဂ့ၢ်ဝီပိညါ, တၢ်အိၣ်တၢ်အိၣ်အတၢ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးတဖၣ်လီၤ.

လၢတၢ်သ့ၣ်ညါအါထီၣ်တၢ်မၤန့ၣ်ခဲးတဘျုးမံၤလၢဘၣ်ဃးဒီးမဲ, တၢ်ဂ့ၢ်တၢ်ကျိၤလၢတၢ်ဘၣ်ဘျုးဘၣ်ဃးဒီးဖိသၣ်အမဲတၢ်တိၣ်ကျိၤဃၢ်တၢ်, မ့တမ့ၢ်တၢ်ဃုထံၣ်ပုၤတၢ်အမဲကသံၣ်ဒၢးအဂီၢ်န့ၣ်, ဆဲးကျိးဝံးထီၣ်ရံၤလၢမဲတၢ်အိၣ်ဆူၣ်အိၣ်ချ့တၢ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်တက့ၢ်.

ဒ်ပုၤသးစၢ်တဖၣ်လဲၤဒီဂၢ်ဃီၤဆူၣ်သးပုၤကတီၢ်အသိးန့ၣ်, တၢ်ကကဲထီၣ်အသးဒီးနီၣ်သးဆူၣ်ချ့မ့တမ့ၢ်သးဒီးကသံၣ်မူဘျီးတၢ်ဂ့ၢ်ကီတဖၣ်သ့ၣ်သ့ၣ်လီၤ.

တၢ်ဃုထံၣ်ပုၤတၢ်ဂၤလၢကကတီၢ်လၢကိးတၢ်အဂီၢ်တသ့ဖဲအသ့လၢအဆိအချ့န့ၣ်အရ့ဒိၣ်မးန့ၣ်လီၤ.

တၢ်စးထီၣ်ဒီးခူၣ်ဖိထၢဖိန့ၣ်မ့ၢ်တၢ်လီၢ်လၢအဂ့ၤမ့တမ့ၢ်ကတီၢ်တၢ်ဒီးန့ၣ်သၣ်ရၣ်မ့တမ့ၢ်ဆဲးကျိးတၢ်ပၣ်တံၣ်ပၣ်ဘၢဃၢ်တၢ်လီၤတဲစိအလီၤကျိၤမ့တမ့ၢ်အုတၢ်နဲးအတၢ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်တက့ၢ်.

တၢ်မၤန့ၣ်ခဲးတဖၣ်အံၤန့ၣ်မ့ၢ်အကလီၤ, ဒီးပုၤဟ့ၣ်ကူၣ်တၢ်အစဲၣ်နီၣ်တဖၣ်မၤန့ၣ်တၢ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖးလုၢ်ဒိၣ်ပုၤဒိၣ်ဒီးတၢ်ဟ့ၣ်ကူၣ်တဲသကိးတၢ်တဖၣ်သ့ၣ်န့ၣ်လီၤ. ဆၢကတီၢ်ဖိခူၣ်ဖိထၢဖိအိၣ်လၢတၢ်နးတၢ်ဖိၣ်ချ့ဒ်ချ့ဒ်အပူၤန့ၣ်, ဂ့ၢ်ဂီၢ်အုတၢ်မၤန့ၣ်ခဲးတဖၣ်အိၣ်လၢကမၤစၢၤန့ၣ်လီၤ.

လၢဂ့ၢ်ဂီၢ်အုတၢ်ခါအပူၤန့ၣ်, ထီၣ်ကိး ၀၀၀ န့ၣ်တက့ၢ်.

န့ၣ်မ့တမ့ၢ်ပုၤတၢ်ဂၤလၢန့ၣ်ဖိထၢဖိကျိၤမ့ၢ်ဆိကမိၣ်တၢ်ဂ့ၢ်လၢကမၤဆါလီၤသးမ့တမ့ၢ်မၤသံလီၤသးန့ၣ်, ကိးသးသမူလီၤကျိၤ, ဖဲ ၁၃ ၁၁ ၁၄ တက့ၢ်. န့ၣ်ဘၣ်ယိၣ်ဘၣ်ဘီတၢ်လၢတၢ်ဂ့ၢ်ဘၣ်ဃးဒီးတၢ်ပူၤဖျဲးဒီးတၢ်ဘၣ်ယိၣ်ဘၣ်ဘီလၢဘၣ်ဃးတၢ်မၤဘၣ်ဒိဖိသၣ်တဂၤန့ၣ်ဒီးဆဲးကျိးန့ၣ်လီၤကဝီၤတၢ်ဒိသဒၢန့ၣ်ဖိသၣ်တၢ်မၤန့ၣ်ခဲးတက့ၢ်.

လီၤတဲစိနီၣ်ဂံၢ်တဖၣ်တၢ်မၤန့ၣ်ခဲးအီၤသ့ဖဲ betterhealth.vic.gov.au/childprotection န့ၣ်လီၤ.

န့ၣ်မ့ၢ်သ့ၣ်ကိၢ်သးဂီၤလၢတၢ်ဂ့ၢ်ဘၣ်ဃးဒီးတကီၢ်ခါတၢ်ပူၤဖျဲးဒီးတၢ်ဘၣ်ယိၣ်ဘၣ်ဘီလၢဘၣ်ဃးတၢ်မၤဘၣ်ဒိဖိသၣ်တဂၤ, လၢတၢ်မ့ၢ်တတူၢ်ဘၣ်အီၤလၢပူၤဖျဲးဒီးတၢ်လီၤဘၣ်ယိၣ်တုၤဃီၤလၢတၢ်ဖဲးတၢ်မၤတၢ်အသိၤလၢခံတနံၤန့ၣ်, ကိးဃီၤတၢ်ဆၢကတီၢ်တလၢကွံၣ်တၢ်ဒိသဒၢန့ၣ်ဖိသၣ်ဂ့ၢ်ဂီၢ်အုတၢ်မၤန့ၣ်ခဲးဖဲ ၁၃ ၁၂ ၇၈ န့ၣ်တက့ၢ်.

ဖိသၣ်အဆိကတၢ် မၤလီၤတၢ်န့ၢ်ဝဲဒၣ်ဖိသၣ်လၢအဘၣ်ဒိညီတဖၣ်, ပုၤသ့ၣ်ဘီၣ်သးစၢ်, ဒီးအဝဲသ့ၣ်ခူၣ်ဖိထၢဖိတဖၣ်, မ့ၢ်တၢ်ဒုးဘျုးစဲအီၤဒီးတၢ် မၤန့ၣ်ခဲးလၢကြၢးဝဲဘၣ်ဝဲတဖၣ်န့ၣ်လီၤ.

လဲၤဆူၣ်ဝဲကျိၤဘၣ်ဃးဒီးပုၤကညီတၢ်မၤန့ၣ်ခဲးတဖၣ်ပုၤယဲၤ

betterhealth.vic.gov.au

for more information and your local service.

Asylum-seekers and refugees in Victoria, including children, are able to access most health and community services funded by the Victorian government, as eligibility for most services is not determined by visa or residency status.

These services include community health services, the refugee health program, torture, and trauma counselling, and the catch-up immunisation program.

All families have different needs.

At times, for some, they can be urgent, while for others, longer-term help is needed.

The Victorian health system offers a range of services to meet these needs.

For more information, visit: betterhealth.vic.gov.au/family.

သန့်လူတိုင်းနှင့်အိတ်တိုက်ဂွန်တိုက်ကျိပ်အင်ဒါနီးနယ်လီကဝီတိုက်မလူနာခဲအင်ဒါနီးနယ်တိုက်ကွန်.

ပုလဲထံတိုက်လိပ်အိတ်ကဒုဒီးဘက်ကီဘက်ခဲလားထိရုံယယယပုလဲတဖန်လားပုလဲပုလဲဒီးဖိသက်တဖန်နုနုမလူနာဝဲတိုက်အိတ်ဆုတ်အိတ်ချဒီးပုလဲတတတတမလူနာခဲအိတ်တိုက်တဖန်သုဝဲဒက်, လားဘက်တိုက်ဟွန်မလူနာခဲအိတ်ကျိပ်စုလားထိရုံယယအပဒိတ်, ဒိအကြားဝဲဘက်ဝဲဒီးတိုက်မလူနာခဲအိတ်တိုက်တဖန်အင်ဒါနီးနယ်တိုက်တဆိကမိတ်အိတ်ဖျိလားလံဒိကိတ်မုတမုတိုက်အိတ်တိုက်ဆိအတိုက်အိတ်သးအဖိခိတ်ဘက်လီ.

တိုက်မလူနာခဲတဖန်အံပုလဲပုလဲဒီးပုလဲတတဆုတ်ချတိုက်မလူနာခဲတဖန်, ဘက်ကီဘက်ခဲဆုတ်ချတိုက်ရုံတိုက်ကျဲ, တိုက်မလဲပယွဲ, ဒီးတိုက်ဆိလားလားလားလားတိုက်ဟွန်ကျိပ်တဲသကီးတိုက်, ဒီးတိုက်လူနာခဲကသံဒိသဒါတိုက်ရုံတိုက်ကျိပ်တဖန်လီ.

ပုလဲထံတိုက်ဖိခဲလားနုနုအိတ်ဒီးတိုက်လိပ်လားအလီအလီလိပ်သးတဖန်လီ.

ဖဲတိုက်ဆာကတိုက်တဖန်, လားပုလဲတနီအင်ဒါနီး, အဝဲသုတ်ကဲထိပ်ပုလဲလိပ်ဘက်တိုက်လားအဆိအချပုလဲသုဝဲဒက်, ဖဲပုလဲအဂုလဲတဖန်အင်ဒါနီးနယ်, လိပ်ဘက်တိုက်မလူနာခဲလားအယံဒိအထာနုနုလီ.

ဝဲထိရုံယယဆုတ်ချတိုက်ရုံတိုက်ကျိပ်လီတိုက်မလူနာခဲတဘျူးမဲလားတိုက်ဘက်လိပ်သးဒီးတိုက်လိပ်တဖန်အံပုလဲလီ.

လားတိုက်နှင့်အိတ်တိုက်ဂွန်တိုက်ကျိပ်တဖန်အင်ဒါနီး, နုလီလီကွန်ဖဲ betterhealth.vic.gov.au/family တကွန်.