




# Almawladle yitkhatarbozalach ugâch

## Dingatagnale waqtile Almawladle yitkhatarbozal ugâch

Dingatagna waqtibe mawladuw yitkhatarbozal kinin – ahad shim zaltinafaobe aboch wa idoch zitraosâ karsibe zatushku yitnafabozal ugâch.

ugâchzo	<p>Dingatagna waqtibe mawladuw yitkhatarbozal kinin: (yulipristal) ulipristal (UPA-EC)</p> 	<p>Emergency contraceptive pill: levonorgestrel (LNG-EC)</p> 	<p>The copper intrauterine device (IUD)</p> 
<b>natijazo</b>	<ul style="list-style-type: none"> <li>Natijazo 100% altam</li> <li>Taqdimbe tanasaagir natijazo zayidinta</li> <li>Natijazo LNG-EC be yimajal</li> </ul>	<ul style="list-style-type: none"> <li>Natijazo 100% altam</li> <li>Natijazo aman yikhunazal nadibe tanasaagirinta</li> <li>natijazo UPA-EC be yansal</li> </ul>	<ul style="list-style-type: none"> <li>99% aboch wa idoch zaltiqerahube zitrausaa 5 ayamach mabeynabe mesab</li> </ul>
<b>mininta?</b>	<ul style="list-style-type: none"> <li>Aquh zaywixakut aminta qalah yashale yifarkal</li> </ul>	<ul style="list-style-type: none"> <li>Zisamatu aqohach mabeynabe aqoh zaywixaakut yitkhataral aminta qalah yashahal</li> <li>Karsibe zatushku yitkhataral Azokutsow waldigar usxuw khafif gogaw yanawxale yifarkal</li> </ul>	<ul style="list-style-type: none"> <li>Fizbe xiqasho lastic wa nahas almawladle yitnafabozal</li> <li>Aboch miyuw aqohbah zaytirakut yikhatarahal</li> </ul>

<b>Munkutbe itnafaahakh?</b>	<ul style="list-style-type: none"> <li>• Abocha wa idoch ahad shim zaltikhatarube zitrausaa faxanbe mansaa amaninta</li> <li>• Abocha wa idoch zaltiqaerahube zitrausaabeherle hamisti ayamle (120 sâchle) zithesabama xab zayanta</li> <li>• Xôt yaxabzalach wa aly dawa yinasalachle yitemarumel. Farmasi dalagiyach hitfan yisxalu.</li> </ul>	<ul style="list-style-type: none"> <li>• Abocha wa idoch ahad shim zaltikhatarube zitrausaa faxanbe mansaa amaninta</li> <li>• Abocha wa idoch zaltiqaerahube zitrausaabeherle hamisti ayamle (72sâchle) zithesabama xab zayanta</li> <li>• Zikhasho qesi umribe zalu idoch qixem mansale yifarkal</li> </ul>	<ul style="list-style-type: none"> <li>• IUD waldigarbe mesable qaxarw yatkhishal yiw yisbizalachum hakimach wa amanbe zilamadu haras inayach</li> <li>• Anasama anasagir atayzobe assir amatachle qalah yile yifarkal</li> </ul>
<b>Aydabe agagnakh?</b>	<ul style="list-style-type: none"> <li>• Hakim waraqa bilây farmasibe yitrakhabal</li> </ul>	<ul style="list-style-type: none"> <li>• Hakim waraqa bilây farmasibe yitrakhabal</li> </ul>	<ul style="list-style-type: none"> <li>• Yitrakhabazalum amanbe afetqamuw zilamadachdabe qaxarobe yikhunal</li> </ul>
<b>Moqa zalbana*</b>  * kondom (condoms) muxita aboch wa indoch matraabe yidijizal natuw(infection) yitkhatarzal (STIs).	<ul style="list-style-type: none"> <li>• Alayach mawlad yikhatrizalach ugabe atinafau</li> <li>• qimazo LNG-EC yizaydile yifarkal</li> </ul>	<ul style="list-style-type: none"> <li>• Alayach mawlad yikhatrizalach ugabe atinafau</li> </ul>	<ul style="list-style-type: none"> <li>• Bajih idochachle amaninta, azokutsow umribe wij zitayu idochachle wa yibeqadle waldi zalwaladachle amaninta</li> </ul>

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Yitrakhabazalum <<http://healthtranslations.vic.gov.au/>>