SMOKY OUTSIDE?
STAY INSIDE

If you are not under threat from a fire, avoid breathing smoke by staying inside.

For more information:

• Tips to avoid smoke and how to stay cool in the heat: Better Health Channel – www.betterhealth.vic.gov.au
• Air quality and bushfire smoke: Environment Protection Authority (EPA) – www.epa.vic.gov.au
• Your safety: Vic Emergency – www.emergency.vic.gov.au or call the Vic Emergency Hotline – 1800 226 226 TTY users should use the National Relay Service (phone 1800 555 677) then ask for 1800 226 226
• Asthma Foundation of Victoria – www.asthma.org.au