

Friendship - making friends - quiz

What is the best way to make new friends? Test your knowledge with our quick quiz.

1. What can stop a person from making new friends?

- A. Obesity, poor dress sense, sexual preference.
- B. Strange sense of humour, unusual hobbies, dietary choices.
- C. Shyness, poor social skills, isolation, feeling or looking different.

2. Where are the best places to meet new friends?

- A. On the street.
- B. At school, work or interest groups.
- C. At home via positive thinking, incantations and astral travel.

3. What should you do if you don't know anyone at a party?

- A. Drink alcohol quickly to lower your inhibitions.
- B. Approach someone else who appears to be alone.
- C. Go home quietly so nobody notices.

4. What is the best approach to take when meeting someone for the first time?

- A. Listen and pay attention, smile, ask questions, have some opening comments ready to use.
- B. Talk, divulge your problems, gossip about the people you know.
- C. Allow the other person to talk first and direct the conversation.

5. Can you make a good friend quickly?

- A. Yes - if you reveal intimate secrets straight away it will help to create close bonds with any stranger.
- B. No - a close friendship progresses slowly, so take your time.
- C. Maybe - it depends on how you're feeling when you meet the person.

6. Should potential friends have the exact same attitudes, beliefs and behaviours as you do?

- A. Yes - otherwise, we would just fight.
- B. No - I enjoy a good argument.
- C. Partly - so that you have something in common to start your relationship and then differences can be appreciated and enjoyed.

7. Does gossiping help you to make friends?

- A. Yes - everyone loves to hear about the trials and tribulations of others.

B. No - potential friends are less likely to trust you if you gossip about other people you know.

C. Perhaps - some people love gossip, others loath it, so you just have to gauge the response to your stories.

8. What is the best way to keep existing friendships?

A. Don't take your friends for granted, give time and attention, forgive unintentional mistakes, control your jealousy and respect their privacy.

B. Pay for outings, offer gossip about other people, allow them to work out their own problems, make them feel important and flatter them often.

C. Make sure you give and never take, put up with their bad behaviour, forgive them any abuse of trust and don't ask for too much in return.

Calculate score

Your score is:

Score 0 to 2:

Your social skills seem a little rusty. Learning more about how to make friends may bring more positive people into your life.

Score 3 to 5:

You do know some things about making friends but some of your ideas on friendship may be unhelpful. Browse the Better Health Channel for more information on making friends and how to better manage relationships.

Score 6 to 8: Congratulations, you seem to know the things to do and say to help you make and keep friends.

> Check the correct answers.

This page has been produced in consultation with, and approved by:

NAPCAN

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