

RESOLVE THRUSH

Miconazole nitrate

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about Resolve Thrush. It does not contain all the available information.

It does not take the place of talking to your doctor or pharmacist.

If you have any concerns about this medicine, ask your doctor or pharmacist.

Keep this leaflet with your medicine.

You may need to read it again.

What Resolve Thrush is used for

Thrush (Candidiasis)

Resolve Thrush is for the treatment of fungal infections of the vagina such as thrush, also known as candidiasis. Candidiasis is usually caused by a yeast-like fungus called *Candida albicans*, but occasionally by other types of *Candida*. *Candida albicans* is normally found in the mouth, intestinal tract and female genital area where it is usually harmless until something upsets the body's 'ecosystem'.

Candida infection of the vagina is a very common complaint in women of child bearing age or at menopause. The common symptoms are a vaginal discharge, itch and a burning feeling.

Contributing factors

Several factors that can imbalance the 'ecosystem' and increase the chance of

Candida infections are:

- * Hormonal changes - such as those that occur during pregnancy, menopause or with the use of oral contraceptives,
- * Antibiotics - after a course of antibiotics, which kill the normal bacteria that keep *Candida* in check,
- * Clothing - non-ventilating or chaffing clothes such as nylon underwear, pantyhose and other tight fitting garments can create the right conditions for *Candida* to develop,
- * Other conditions - diabetes, lowered immunity, and hot weather.

Treatment

Resolve Thrush contains miconazole nitrate which belongs to a group of anti-fungal agents known as imidazoles.

The treatment of candidiasis is simple and usually effective if the instructions are carefully followed. It is important to follow the whole course of treatment, even after the symptoms have eased.

Before you use Resolve Thrush

When you must not use it

Do not use Resolve Thrush if:

1. **you are allergic to miconazole nitrate or phenethyl alcohol;**
2. **the packaging is torn or the tempering evident seal is**

broken;

3. **the expiry date printed on the pack has passed.**

Before you start to use it

Seek medical advice before first course of treatment.

Tell your doctor or pharmacist if:

1. **you have any allergies to any other medicine or any other substances such as foods, preservatives or dyes.**
2. **you are a diabetic.**
3. **you are pregnant or intend to become pregnant**

Your doctor will discuss the risks and benefits of using Resolve Thrush when pregnant.

4. **you are breast-feeding or intend to breast-feed**

Your doctor will discuss the risks and benefits of using Resolve Thrush when breast-feeding.

Taking other medicines

Ask a doctor or pharmacist before use if you are taking the prescription blood thinning medicine warfarin.

Bleeding or bruising may occur.

How to use Resolve Thrush

Follow all directions given to you by your doctor and pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions in this leaflet, ask your doctor or pharmacist for help.

How much to use

Resolve Thrush should be used once a day for 7 days, using one of the disposable applicators provided. The most convenient time to use Resolve Thrush is at night, just before going to bed.

How to use it

1. Wash your hands thoroughly.
2. Remove cap from tube.
3. Attach open end of applicator onto tip of tube. See leaflet in pack for diagram A.
4. Gently squeeze tube to fill applicator until resistance is felt. Applicator plunger should be extended about 10 centimetres out of applicator. See leaflet in pack for diagram B.
5. Remove applicator from tube, then replace cap on tube.
6. Lie down on your back with your knees bent. Hold the applicator by the cylinder and gently insert it into your vagina as deeply as is comfortably possible. See leaflet in pack for diagram C.
7. Hold the applicator in position and slowly push the plunger with your forefinger until it stops. Now the cream is in your vagina. See leaflet in pack for diagram C.
8. Remove the applicator from your vagina and discard it.

Each applicator is for one use only.

How long to use it

You should use Resolve Thrush for 7 days.

You should start to feel more comfortable after 2-3 days. It is important that even though you are feeling better that you use Resolve Thrush for the full 7 days.

See a doctor if you are not better after 7 days.

See a doctor if the problem returns.

If you forget to use it

If you forget to use Resolve Thrush, use it as soon as you remember, and then go back to using it as you would normally. Do not try to make up for the amount you missed by using more than you would normally use.

If you swallow it

Immediately telephone your doctor or Poisons Information Centre, if you think that you or anyone else may have swallowed Resolve Thrush.

Poisons Information Centre: 13 11 26 (Australia), 03 474 7000 (New Zealand)

While you are using Resolve Thrush

Things you must do

Tell all doctors and pharmacists who are treating you that you are using Resolve Thrush.

If you feel that Resolve Thrush is not helping your condition, tell your doctor or pharmacist.

Tell your doctor or pharmacist if, for any reason, you have not used Resolve Thrush exactly as prescribed.

Otherwise, your doctor or pharmacist may think that it was not effective and change your treatment unnecessarily.

If you become pregnant while using Resolve Thrush, tell your doctor or pharmacist.

Personal hygiene

A few simple steps can help prevent the possibility of reinfection:

- * Always wash your hands thoroughly before and after

inserting the applicator into your vagina,

- * After urinating, the toilet tissue should be used as a blotter, rather than used with a forward and backward motion,
- * After a bowel movement, always wipe away from your vagina,
- * Underwear, towels and linen should be changed daily.

Sexual intercourse

Your doctor or pharmacist should be consulted as to the advisability of sexual intercourse during treatment. Care should be taken when using latex contraceptive devices.

Pregnancy

During pregnancy, you should only use the applicator on the advice of your doctor. If you are pregnant, strictly follow the instructions of your doctor.

Menstrual period

If you have your menstrual period during the course of treatment you should continue to use Resolve Thrush. It is advisable to use sanitary napkins and not tampons.

Things you must not do

Do not use in or near the eyes.

Do not give Resolve Thrush to anyone else, even if they have the same symptoms as yours.

Do not use Resolve Thrush to treat other complaints unless your doctor or pharmacist tells you to.

Side effects

Check with your doctor or pharmacist as soon as possible if you have any problems while using Resolve Thrush, even if you do not think the problems are connected with the medicine or are not listed in this leaflet.

Like other medicines, Resolve Thrush can cause some side effects. If they occur, most are likely to be

minor and temporary. However, some may be serious and need medical attention.

Ask your doctor or pharmacist to answer any questions you may have.

After using Resolve Thrush

Storage

Keep Resolve Thrush in a cool dry place where the temperature stays below 30 degrees C. Do not store Resolve Thrush in the car or on window sills.

Heat can destroy some medicines.

Keep Resolve Thrush where young children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your doctor tells you to stop using Resolve Thrush or it has passed its expiry date, ask your pharmacist what to do with any that is left over.

Product description

What it looks like

Resolve Thrush is a white glossy cream in tubes of 40 g.

Active ingredients

Miconazole nitrate 2% w/w.

Manufacturer

EGO PHARMACEUTICALS PTY. LTD.
21-31 Malcolm Road, Braeside, 3195.

AUST R 52842

This leaflet was prepared on 30 September 2003

'Ego' and 'Resolve' are Trade Marks of Ego Pharmaceuticals Pty. Ltd.

www.egopharm.com

92018

P328

Distributors

BAHRAIN

Maskati Pharmacy

PO Box 1110

Manama, Bahrain

CYPRUS

Cazacor Trading Limited

26A Larnaca Avenue

2101 Aglandjia, Nicosia

Cyprus

HONG KONG, GUANGDONG & MACAU

Lision Hong

Flat G, 7/F Valiant Industrial Centre

2-12 Au Pui Wan Street

Fo Tan, Shatin, NT

Hong Kong

INDONESIA

PT Mahakam Beta Farma

Jl Pulokambing II No 20

Kawasan Industri-Pulogadung

Jakarta, Timur 13930

Indonesia

JORDAN

Munir Sukhtian Group Ltd

PO Box 1027

Amman 11118, Jordan

KUWAIT

Maseela Pharmaceuticals Co Ltd

PO Box 26596

Safat 13126, Kuwait

MALAYSIA & BRUNEI

Somedico Sdn Bhd

68 Jalan SS 21/39, Damansara Utama

47400 Petaling Jaya, Selangor

Malaysia

MALTA

Pharmasud Ltd

Bella Vista Court

Bella Vista Street

San Gwann SGN03

Malta

NEW ZEALAND

Douglas Pharmaceuticals Ltd

PO Box 45027, Auckland 8

New Zealand

PAPUA NEW GUINEA, FIJI & SOUTH WEST PACIFIC

Exsel Pacific

PO Box 133, Red Hill

Queensland 4059

Australia

SAUDI ARABIA

Salehiya Establishment

PO Box 991

Riyadh 11421

Saudi Arabia

SINGAPORE

Grafton Pharmasia Pte Ltd

66 Tannery Lane

Singapore 347805

SRI LANKA

Hemas Pharmaceuticals

Hemas Building

36 Bristol Street

Colombo 11, Sri Lanka

TAIWAN

Yung Hung Hong

8F, 58 Ming Chuan E. Rd

Sec 3, Taipei

Taiwan ROC

UNITED ARAB EMIRATES
Al Muhairy General Trading Co
PO Box 26288
Abu Dhabi
United Arab Emirates