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## Victorian Child Health Record

The Victorian Child Health Record provides:

- Parents, health workers and caregivers with information about the health, growth and development of their children, from birth onwards
- A place to record the important information about their child's health, growth, development and immunisations
- The Victorian Maternal and Child Health Service's 10 key ages and stages visits. These free visits focus on parenting, health, growth, development, safety, social supports, referrals and linking with local communities.

### It helps to keep the record up to date

The Child Health Record is given to parents soon after the birth of their baby so that the details of their baby's birth can be recorded. You can keep track of your child's health, growth and development through the years.

During this time, important information will be provided to you by many professionals, so please remember to take your child's health record booklet with you to:

- Maternal and child health nurse appointments
- Immunisation appointments
- Your local doctor or other health professionals
- The hospital or emergency department
- The dentist
- The community health centre
- The childcare centre, kindergarten or school.

### How to get the Victorian Child Health Record

Parents of newborn babies receive a free copy of the Child Health Record at the place of birth. To replace a lost book free of charge, see the maternal and child health nurse at your local council. Remember, your child's details will not be in the new book.

### Where to get help

- Your doctor
- Your maternal and child health nurse
- Local community health centre
- Local council.

### Things to remember

- Parents receive a free copy of the Child Health Record when their baby is born.
- The Child Health Record is an ongoing diary of your child's health, growth and development from birth onwards.
- The booklet gives you a record of immunisation needed by your child for school entry.
- The information guide provides valuable child health and development information to parents.

**This page has been produced in consultation with, and approved by:**

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