
Rehabilitation clinics support independence

Community rehabilitation clinics help people who are frail, recovering from injury, or living with a disability or chronic illness, to live independently in their own homes.

Health professionals at Community Rehabilitation Clinics offer a variety of therapies. Most centres have the following services:

- Consultative medical service – health staff on hand
- Nursing – health advice, education, counselling and monitoring
- Physiotherapy group and individual treatments which aim to help clients improve or maintain flexibility, strength and movement
- Occupational therapy – group and individual treatments
- Social work – help for clients and their carers to cope with family problems, like finances or accommodation needs
- Speech pathology – to help people with speech disorders to communicate
- Podiatry – diagnosis and treatment of foot and lower limb problems
- Dietetics – nutrition programs tailored for the individual.

How can I access these services?

You can contact Community Rehabilitation Clinics directly. In most cases, a written referral from your doctor or health provider is preferred.

Where to get help

- Your doctor
- Your nearest Community Rehabilitation Clinic
- Department of Health, Tel. (03) 9096 8592.

Things to remember

- Community rehabilitation clinics help people who are frail, recovering from injury, or living with a disability or chronic illness, to live independently in their own homes.
- A range of health services is offered.

This page has been produced in consultation with, and approved by:

Department of Health - Aged Care

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